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## BIOGRAPHICAL SKETCH

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NAME <b>JULIÁN MONTORO RODRÍGUEZ</b>		POSITION TITLE Director, Gerontology Program The University of North Carolina at Charlotte	
eRA COMMONS USER NAME (credential, e.g., agency login) JMONTORO1			
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	MM/YY	FIELD OF STUDY
Universidad Complutense, Madrid (Spain)	B.A.	05/1988	Sociology
Case Western Reserve University, Cleveland, OH	M.A.	05/1992	Sociology
Case Western Reserve University, Cleveland, OH	Ph.D.	05/1994	Sociology

### A. Personal Statement

My research interest is aimed to understand family caregiving across the life course with the ultimate goal of testing theoretically based interventions designed to help family caregivers to reduce their experience of stress, depression and burden and increase their satisfaction with life. I have been co-investigator on several community intervention projects designed to help family caregivers. I am also working with grandmothers raising grandchildren with support from the National Institute of Nursing Research to evaluate the impact of two interventions (parent training and cognitive behavioral therapy) to racially and ethnically diverse grandmothers and their custodial grandchildren. Currently I am conducting a pilot study to demonstrate a socio-cognitive intervention for grandparents raising grandchildren. Using the selection, optimization and compensation (SOC) model developed by Baltes & Baltes (1990) grandmothers will learn to use effective strategies to increase their satisfaction with informal support and increase their positive caregiving experiences. It will also offer activities aimed to decrease grandmother's isolation, and strategies to connect with other grandmothers and sources of help.

I am a sociologist with a teaching and research background in the area of aging, health, human development and family studies. Most of my research during the past 20 years has examined the interrelations between formal and informal support systems and optimal adaptation and adjustment to developmental changes for older adults. My recent work with family caregivers attempts to identify conditions under which older adults and their families would increase community-based service use, in particular the implications of cultural inequalities (race, gender) as generators of distress for older adults. My interest includes the role that cultural interpretations of difficult life experiences (such as depression or other health problems) might have on ethnic differences in levels of caregiving distress and wellbeing. I am confident that as a member of the research team I will be able to contribute to many of the research activities needed to successfully implement the proposed intervention study. My special expertise in theory development, research methodology, including intervention designs, and statistical analyses will be helpful to the research team at both sites.

My training began at Case Western Reserve University where I completed my doctoral program on a Fulbright scholarship from Spain working with Dr. Eva Kahana and later as a post-doctoral fellow with the Gerontology Center at the University of Kansas under the supervision of Drs. Karl Kosloski and Rhonda Montgomery. My experience working with different programs, research teams and teaching departments has given me a clear understanding of the value of and unique strategies to conduct interdisciplinary work. As a professor of Medical Sociology at California State University San Bernardino in collaborating with Dr. Dale Lund I started a new Center on Aging and engage in a five year multi-site intervention study to evaluate cognitive behavioral and parenting interventions for grandmothers raising grandchildren. Currently at the University of North Carolina at Charlotte I serve as Director of the Gerontology program and in collaboration with community partners I am conducting a demonstration pilot study to improve satisfaction with social support and communication styles among grandmothers raising grandchildren.

## B. Positions and Honors

### Positions and Employment

- 1994-1995 Assistant Research Professor and Postdoctoral Fellow with the Gerontology Center at the University of Kansas in Lawrence. KS. (USA).
- 1997-1998 Assistant Research Professor at the Institute of Research in Economy and Health Management and Social Services (CIEGS) of the Polytechnic University of Valencia, Valencia (Spain).
- 1998-1999 Research Associate at the Mandel School of Applied Social Sciences, Case Western Reserve University, Cleveland, OH (USA).
- 1999-2000 Assistant Professor, Department of Sociology, The State University of West Georgia, GA (USA).
- 2000-2007 Associate Professor, School of Family and Consumer Studies, Kent State University, OH (USA).
- 2002-2007 Visiting Professor. Department of Organizational Behaviour, Polytechnic University of Valencia, Valencia (Spain).
- 2007-2008 Associate Visiting Professor, Stanford University, Stanford, CA (USA)
- 2007-2014 Professor, Department of Sociology, California State University San Bernardino, CA (USA).
- 2014-2016 Director Interdisciplinary Gerontology Program, University North Carolina at Charlotte, NC (USA)

### Other Experience and Professional Memberships

- 2008-2014 Executive Committee Faculty Senate, College Social and Behavioral Sciences, California State University San Bernardino, CA (USA).
- 2011-2014 Senior Affairs Committee, Department of Aging, San Bernardino County, CA (USA).
- 2012-2014 Director, Center on Aging at California State University San Bernardino, CA (USA).

### Honors

- Fulbright/MEC Doctoral Grant (1989-1994). The USA Institute of International Education and the Ministry of Education of Spain.
- The Marie Haug Student Award in recognition for excellence in aging studies. University Center on Aging and Health, Case Western Reserve University, May 1994.
- Fellow at the Salzburg American Studies Seminar, Schloss Leopoldskron. Austria. Session #357: The Challenges of an Aging Society. June 17-24, 1998.
- College Professional Development Award (for Outstanding Researcher), College of Social & Behavioral Sciences, 2010. California State University San Bernardino, CA (USA).
- Fellow, Behavioral & Social Sciences, Gerontological Society of America. 2013.

## C. Selected peer-reviewed publications (in chronological order).

1. Montoro-Rodriguez, J. (2001). *Book Review: Who Should Care for the Elderly? An East-West Value Divide.* William T. Liu & Hal Kendig (Eds.). 2001. 356 pp. *Journal of Marriage and The Family*.
2. Montoro-Rodríguez, J., Kosloski, K., and R. Montgomery. (2003). "Evaluating a Practice-Oriented Service Model to Increase the Use of Respite Services Among Minorities and Rural Caregivers." *The Gerontologist*, vol. 43 (6): 916-924. (PMID: 14704392)
3. Montoro-Rodríguez, J. and S. Pinazo, (2005). "Evaluating Social Integration and Psychological Outcomes for Older Adults Enrolled at a University Intergenerational Program." *The Journal of Intergenerational Relationships*, vol. 3(3): 63-79.
4. Payne, L. Mowen, D. and J. Montoro-Rodriguez (2006). "The Role of Leisure Style in the Maintaining of the Health of Older Adults with Arthritis." *Journal of Leisure Research*, 38(1):20-45.
5. Small, J. and J. Montoro-Rodriguez (2006). "Conflict Resolution Styles. A Comparison of Assisted Living and Nursing Home Facilities." *The Journal of Gerontological Nursing*, 32(1): 39-45. (PMID:16475464)
6. Montoro-Rodriguez and J. Small. (2006). "The Role of Staff-Resident Conflict Resolution Styles on Nursing Staff Morale, Burnout and Job Satisfaction in Long-Term Care" *Journal of Aging and Health*, 18(3):85-406. (PMID: 16648392)
7. Montoro-Rodriguez, J. Small, J. and McCallum, T.J. (2006). Working with Hispanic/Latino American Families with Focus on Puerto Ricans. In Gwen Yeo & Dolores Gallagher-Thompson (Eds.). *Ethnicity and the Dementias*, 2<sup>nd</sup> Edition (pp.287-309). Washington, DC: Taylor & Francis. [Book Chapter].
8. Montoro-Rodríguez, J., S. Pinazo and Tortosa, M.C. (2007). "Motivaciones y expectativas de los estudiantes mayores de 55 años en los programas universitarios." *Revista Española de Geriatria y Gerontologia*, 42 (3): 158-166.

9. Triadó, C., Villar, F., Pinazo, S., Solé, C., Montoro-Rodríguez, J. and M. Celdran (2008). "Grandparent-Adolescent Grandchildren Relationship: Comparison of Generational Perspectives." *Juventud y Aprendizaje*, 31 (3): 385-398.
10. Montoro-Rodríguez, J., Kosloski, K., Montgomery, R. & K. Kercher. (2009). "The Role of Social Embarrassment on Caregiving Distress in a Multi-Cultural Sample of Caregivers." *The Journal of Applied Gerontology*. 28(2): 195-217.
11. Montoro-Rodríguez, J. & Dolores Gallagher-Thompson. (2009). "The Role of Resources and Appraisals in Predicting Burden among Latina and Caucasian Female Caregivers: Test of an Expanded Socio-Cultural Model of Stress and Coping." *Aging and Mental Health*, 13(5): 648-658. (PMID: 19882403)
12. Montoro-Rodríguez and G. Smith. (2009). "When Cost Meets Efficiency: Rethinking Ways to Sample a Rare Population" In Streiner & Sidani (Eds.) *When Research Studies Go off the Rails*, (pp.136-146). New York: Guilford Publications.
13. Smith, G., Montoro-Rodríguez, J., & P. Palmieri. (2010). "Use of Support Groups by Custodial Grandmothers and Grandchildren: Patterns and Predictors." *Families in Society: The Journal of Contemporary Social Services*, 91 (4): 385-393. (PMID: 21643540)
14. Lund, D., Wright, S., Caserta, M., Utz, R., Lindfelt, C., Montoro-Rodríguez, J., Bright, O., Shon, H. & Ullman, J. (2011, 2010, 2006, 2001, 2000 editions; 2011 in Spanish). Respite services: Enhancing the quality of life for caregivers and care receivers (Brochure that will be used for the treatment group in the proposed study)
15. Montoro-Rodríguez, J. Smith. G., & P. Palmieri. (2012). "Use of Community and School Mental Health Services by Custodial Grandchildren." *Family Relations*, 61(3), 207-223. (PMID: 22582001)
16. Lund, D., Utz, R., Caserta, M., Wright, S., Llanque, S., Lindfelt, C., Shon, H., Whitlatch, C. & Montoro Rodríguez, J. (2014). Time for living and caring: An intervention to make respite more effective for caregivers. *International Journal of Aging & Human Development*, 79(2):157-78.
17. Smith, G., Cichy, K. & J. Montoro-Rodríguez (2015). "How Coping Resources Impact the Psychological Well-Being of Custodial Grandmothers and Grandchildren in African American and White Families." *Journal of Family Relations* 64(3): 378-292.
18. Smith, G., Merchant, W., Hayslip, B., Hancock, G., Strieder, F. & Julian Montoro-Rodríguez. (2015). "Measuring the Parenting Practices of Custodial Grandmothers." *Journal of Child & Family Studies*. DOI: 10.1007/s10826-015-0176-9
19. Hayslip, B., Smith, G., Montoro-Rodríguez, J. Strider, F. & Will Merchant (2015). "The Utility of the Family Empowerment Scale With Custodial Grandmothers." *Journal of Applied Gerontology* DOI: 0733464815608492

#### **D. Research Support**

Title:	Comparing Interventions to Improve the Well-Being of Custodial Grand-Families
Grant #:	Pilot Demonstration Study, College of Health and Human Services, UNC Charlotte
Dates:	2015-2016
PI:	Julian Montoro-Rodríguez
Aims:	To develop and demonstrate the effectiveness of an intervention intended to increase satisfaction with social support among grandmothers raising grandchildren
Title:	Comparing Interventions to Improve the Well-Being of Custodial Grand-Families
Grant #:	R01 #1R01NR01 2256-01 NINR
Funding Agency:	DHHS, NIA
Dates:	2010-2015
Role:	PI Sub-Award
PI:	Greg Smith, Kent State University, OH & Bert Hayslip, University of North Texas, TX.
Aims:	Investigate the differential effectiveness of parent training & cognitive behavioral therapy on the psychological adjustment of Caucasian, African American and Latino custodial grandmothers and their grandchildren.