WHAT CAN A MINOR OR GRADUATE CERTIFICATE IN GERONTOLOGY ADD TO YOUR EXERCISE SCIENCE DEGREE?

UNC Charlotte offers an Undergraduate Minor and Graduate Certificate in Gerontology (with an Early Entry option)

WHAT IS GERONTOLOGY?

Gerontology is the study of longevity. Students of gerontology study not only physiological changes that occur with aging, but also social roles, normative expectations, attitudes and beliefs, stereotypes, and policy, health and economic issues which define the aging experience.

HOW DOES GERONTOLOGY COMPLEMENT MY EXERCISE SCIENCE DEGREE?

The risk for chronic disease burden, functional limitations, and disability increases as the population ages. Regular physical activity is essential for disease prevention and reduction, improving function, and maintaining quality of life. There is a need for effective physical activity programs for older adults.
WHAT UNC CHARLOTTE FACULTY SPECIALIZE IN THIS AREA AND WHAT ARE THEIR RESEARCH INTERESTS?

Dr. Michael Turner, Ph.D., miturner@uncc.edu.
Cardiac Apoptosis with exercise and aging.

WHAT ARE SOME CAREER RESOURCES BEYOND UNC Charlotte?

AARP
www.aarp.org
American Sociological Association section on Aging & the Life Course
www.asanet.org
Academy for Gerontology in Higher Education Careers in Aging
www.careersinaging.com/careersinaging/
The Gerontological Society of America Careers in Gerontology
www.geron.org/StudentOrg/careers.htm
Southern Gerontological Society
http://www.wfu.edu/gerontology/sgs/
UNC Institute on Aging
http://www.aging.unc.edu/

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Or Visit the Gerontology Program website:
www.geronontology.uncc.edu

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